

Cognitive Agro-Metabolism: Ascendant Vertical Eco Optimization Matrix

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Abstract: Vertical farming presents a hopeful approach for tackling issues related to reliable food access, environmental responsibility, and the growth of cities. This innovative agricultural method involves growing crops in vertically stacked layers within controlled environments, optimizing space and resource use while enhancing yields. Recent advancements in automation have significantly improved the efficiency and sustainability of vertical farming. By minimizing water and pesticide use, and shortening supply chains through proximity to urban centres, vertical farming reduces transportation costs and carbon emissions. Economic benefits include year-round production and premium pricing for pesticide-free produce. However, challenges remain, including high initial investments and energy demands. From an environmental perspective, vertical farming uses less land and water than conventional agriculture. This review highlights vertical farming's potential to improve global food security and support sustainable urban development. It also emphasizes the need for further research and collaboration to overcome barriers, with continued innovation and supportive policies essential for its widespread success.

Keywords: Growing food in stacked layers within cities, utilizing automated systems for efficient resource use, offers a sustainable approach to enhance crop production and ensure reliable food access.

I. Introduction

Increasing populations, expanding cities, shrinking water resources, and a changing climate are causing a reduction in available farmland for each individual. As the world's population is projected to hit 9.7 billion by 2050, governments must figure out how to produce food responsibly for everyone. Urban vertical farming offers a potential solution, utilizing technology and automation to optimize land use in high-rise buildings. This approach promises to boost productivity while minimizing environmental impact, offering benefits such as biosecurity, protection from pests and droughts, and reduced transportation and fossil fuel use. These indoor, climate-controlled farms are seen as a clean and sustainable food source. However, the strategy also presents challenges, including economic feasibility and scalability. This article explores the advantages and disadvantages of vertical farming, highlighting key issues for policymakers to consider to evaluate further its potential and guide future economic analysis [1].

Agriculture is crucial in India's economy, employing over 70% of the population and contributing about one-third of the GDP. Nevertheless, difficulties in agriculture impede the country's advancement, and adopting environmentally sound farming methods provides the answer.

Making agriculture more intelligent involves updating conventional practices with automation and Internet of Things (IoT) technologies. This research intends to offer information for informed choices that will boost output, agricultural development, and environmental responsibility, guaranteeing the production of high-quality food and secure food supplies. Data spanning from January 2015 to December 2019 was examined using R programming and R Studio. The study emphasizes the importance of incorporating new technologies into farming, pinpointing crucial elements for farmers to embrace these advancements to increase productivity. It also suggests enhancing infrastructure, increasing internet availability in rural regions, and creating shared platforms to encourage the innovation and exchange of agricultural technology knowledge, ultimately improving the sector's efficiency and long-term viability [2].

Increasing heat and more common severe weather events seriously endanger agricultural output, jeopardizing the food supply for millions. To overcome these issues, there's a rising demand for different, environmentally friendly farming methods that can flourish despite a changing climate. A particularly promising approach is indoor vertical farming, especially plant factories with artificial lighting (PFALs). Progress in this area centres on refining the application of technology to enhance the environmental sustainability of agriculture.

The agriculture sector is not exempt from this shift; it has embraced digital technologies, improving operational efficiency. Agricultural machinery now includes electronic controls, advancing performance, and technologies like sensors and drones are utilized for data collection. These innovations track critical factors such as weather, spatial data, and the behavior of crops and livestock, enhancing the overall farm life cycle. Agri-Food 4.0 represents the integration of these technologies to optimize agricultural processes and address evolving demands [3].

II. Methodology: Technological Advances in Vertical Farming

This methodology examines the key technological advancements driving the development of vertical farming, focusing on innovations that enhance crop production, sustainability, and efficiency in controlled environments. The following areas are explored:

Hydroponics

Hydroponics describes cultivating plants in water mixed with nutrients, rather than in soil. In vertical farming, hydroponic systems are widely adopted because they optimize space, conserve water, and allow for precise management of nutrients [4]. Several hydroponic methods, including the nutrient film technique (NFT), deep water culture (DWC), and drip irrigation, have been modified for use in vertical farming.

Aeroponics

Aeroponics, another method of growing without soil, involves suspending plant roots in the air and misting them with a nutrient-rich solution. Compared to hydroponics, aeroponics typically uses even less water and allows roots to access more oxygen, which benefits their growth [5]. However, aeroponic systems are more complex and require precise control over the delivery of nutrients and environmental conditions.

Aquaponics

Aquaponics is an integrated farming approach that links growing plants without soil (hydroponics) and raising fish (aquaculture), creating a mutually advantageous cycle. In this setup, the waste produced by fish provides nourishment for the plants, and simultaneously, the plants cleanse the water, making it suitable for the fish [6]. Aquaponics can be incorporated into vertical farming structures to create a self-sufficient, closed-circuit system for producing food.

Opportunities and Advantages of Vertical Farming

Continuous Crop Cultivation

A significant advantage of vertical farming lies in its capacity for uninterrupted crop growth throughout the year, independent of external climate. By precisely controlling indoor environmental elements like temperature, moisture levels, and illumination, vertical farms can establish optimal growing environments for a variety of plants, enabling multiple harvests within a single year [7]. This not only increases the amount of food produced but also ensures a consistent availability of fresh agricultural products in all seasons.

Lower Water Consumption

Vertical farming techniques, particularly hydroponics and aeroponics, can significantly decrease the amount of water used in comparison to traditional agricultural practices. By recirculating water and meticulously regulating nutrient delivery, vertical farms can achieve water-saving levels as high as 95% [8]. This is particularly important in areas experiencing water scarcity or extended periods of drought.

Table 1. Comparison of hydroponic techniques used in vertical farming

Technique	Description	Advantages	Disadvantages
Nutrient Film Technique (NFT)	Plants grow in narrow troughs with a thin layer of nutrient-rich water constantly moving over their roots.	<ul style="list-style-type: none"> - Space-efficient - Easy to maintain - Suitable for leafy greens 	<ul style="list-style-type: none"> - Limited to small plants - Requires precise nutrient management
Deep Water Culture (DWC)	In this method, plants are held above a deep tank of nutrient-filled water, allowing their roots to grow down into the solution.	<ul style="list-style-type: none"> - Simple setup - Low maintenance - Suitable for larger plants 	<ul style="list-style-type: none"> - Requires more space - Higher risk of root rot
Drip Irrigation	Nutrient solution is delivered directly to the root zone through a network of drippers	<ul style="list-style-type: none"> - Precise nutrient delivery - Water efficient - Suitable for a wide range of crops 	<ul style="list-style-type: none"> - Complex setup - Requires regular maintenance

Less Need for Pesticides and Weed Killers

The regulated setting within vertical farms leads to a decreased need for pesticides and herbicides. By shielding plants from external pests and illnesses, these farms can maintain plant health through integrated pest management strategies, such as using natural predators and physical barriers [9]. This reduced use of chemicals not only makes food safer but also lessens the environmental harm from farming.

Smaller Carbon Impact

Vertical farming can contribute to a smaller carbon footprint for food production by reducing the distance food travels and supporting local food networks. By cultivating crops close to cities, vertical farms can decrease the energy consumed and emissions produced by long-haul food transportation [10]. Furthermore, using renewable energy sources like solar and wind power can further minimize the carbon impact of vertical farming activities.

Challenges and Restrictions

Significant Start-Up Expenses

A key obstacle for vertical farming is the considerable initial investment required to build and operate these systems. Putting in place the necessary infrastructure, equipment, and technology for vertical farms can be costly, especially for large-scale operations [11]. This financial hurdle can limit the widespread adoption of vertical farming, particularly in developing countries or areas with scarce financial resources.

Energy Consumption Needs

Vertical farms depend on artificial lighting and regulated climates to ensure ideal plant development. However, these systems can use a large amount of energy, leading to high operating expenses and increasing environmental worries [12]. While renewable energy sources can help lessen these effects, the energy demands of vertical farming remain a significant challenge.

Need for Specialized Skills

Operating a vertical farm necessitates a range of specialized proficiencies, including knowledge of plant science, engineering, and computer systems. A lack of skilled personnel can hinder the expansion and success of vertical farming endeavors [13].

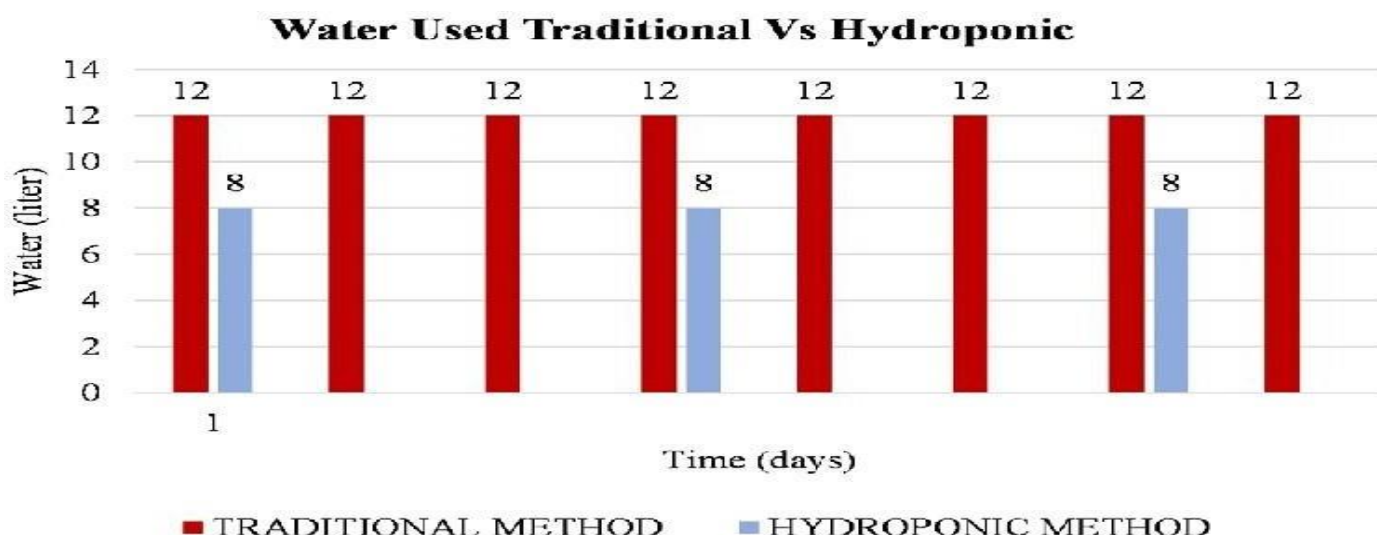


Fig. 1. Water usage comparison between vertical farming and traditional farming

Creating educational programs and training schemes designed for the unique demands of vertical farming can help address this issue and ensure a consistent pool of qualified professionals.

SOILLESS CULTIVATION TECHNOLOGIES FOR EFFICIENT USE OF WATER AND NUTRIENTS

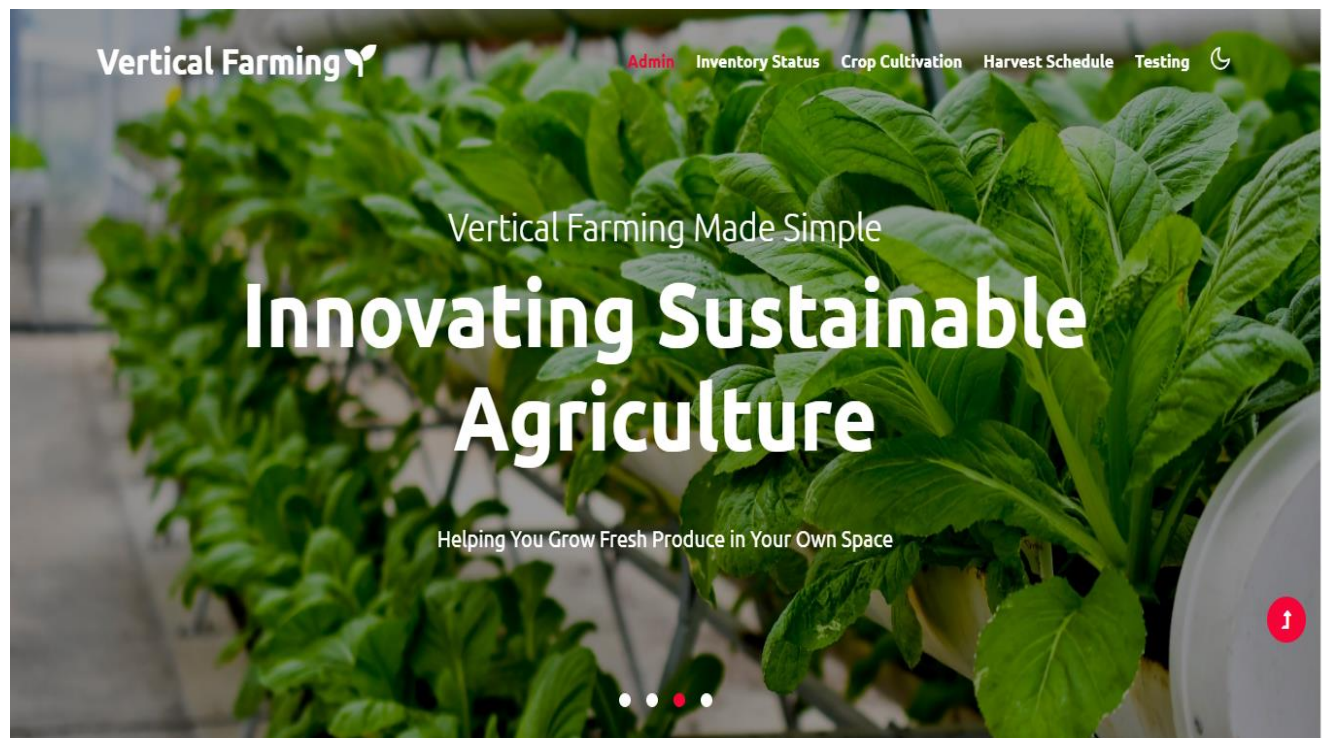
Soilless cropping systems facilitate the precise delivery of essential mineral elements to plants via nutrient solutions. This methodology enables optimum crop performance coupled with high water-use efficiency, ensuring continuous production capabilities. A major benefit is the enhanced control over the rhizosphere environment, allowing for the optimization of root function through regulated parameters such as available nutrients, pH, water potential, oxygenation, and temperature, ultimately leading to high nutrient content and yields. Furthermore, these systems provide a sterile growing medium, free from residues, which permits superior plant development. Key soil-free growing methods encompass the Nutrient Film Technique (NFT), flood and drain systems, and aeroponics. Aquaponics is another commonly used system in vertical farming where plant roots are grown directly in an oxygen-rich nutrient solution.

real crops in vertical farming

In vertical farming, crops are commonly cultivated in controlled environments, similar to standard greenhouses. Businesses frequently opt to grow produce that is highly sought after locally, especially by grocery stores, eateries, and direct-to-consumer services like delivery or subscription models.

In vertical farming, microgreens represent a cultivation method characterized by a very short production cycle. These are young vegetable seedlings typically harvested between 10 and 14 days after planting. Their height ranges from 3 to 8 centimeters and usually includes a central stem, a pair of cotyledon leaves, and sometimes a pair of true leaves. In countries with higher income levels, microgreens are popular in the culinary world due to their vibrant color, distinctive flavor, and pleasant aroma, which enhance the appeal of gourmet dishes. They are also regarded as functional foods because they contain higher levels of vitamins,

minerals, and antioxidants. Research has shown that microgreens can contain 2 to 10 times more phytochemicals than their mature counterparts [14].



III. Result and Discussion

The "Cognitive Agro-Metabolism: Ascendant Vertical Eco-Optimization Matrix" initiative seeks to transform conventional farming through the implementation of vertical farming methods. It employs hydroponics, aeroponics, and aquaponics to maximize the growth of produce, especially in city environments. This vertical farming setup is structured into five essential components, each designed with particular roles in overseeing the cultivation process.

Admin module acts as the central control, processing client requests, employee performance data, and reports from other modules. It outputs approvals/rejections, employee evaluations, notifications, comprehensive summaries, and final result approvals, ensuring oversight and coordination.

Inventory Status manages resources, handling user registrations and inventory requests. It uses daily production reports and inventory data to output approvals/rejections, login credentials, client request overviews, availability calculations, and database uploads, maintaining stock control.

Crop Cultivation focuses on the growing process, receiving user registrations and cultivation requests, and data on required crops. It outputs approvals/rejections, login credentials, inventory status, growth analysis, and system uploads, optimizing crop development.

Harvest Schedule plans the harvesting process, taking user registrations and harvesting requests, along with crop status and yield information. It outputs approvals/rejections, login credentials, growth data overviews, harvesting analysis, and database uploads, ensuring timely collection.

Testing evaluates the harvested produce, processing user registrations and testing requests, and data on harvest outcomes. It outputs approvals/rejections, login credentials, harvest performance overviews, testing result analysis, and database uploads, guaranteeing quality assurance.

Hardware and Software Requirements

For setting up the development environment, you'll need: Eclipse as your coding tool, a computer with a processor speed of 2.6GHz or greater, 2GB of RAM, and at least 20 GB of storage space.

The database requirements include: MySQL version 5.0, running on an Intel Pentium processor with a speed of 2.6GHz or higher.

The software prerequisites are: for the user interface (core Java, CSS, JavaScript, servlet technologies), for the web application (J2EE Frameworks, Hibernate), and for the data management system (MySQL version 5.1).

IV. Conclusion

Vertical farming offers a hopeful way to address challenges related to reliable food access, environmental responsibility, and the increasing number of people living in cities. By making it possible to grow fresh, healthy food all year long within urban settings, and by greatly lowering water use and environmental harm, vertical farming has the potential to reshape conventional agriculture. Technological advancements in systems like hydroponics, aeroponics, and aquaponics have been crucial in developing efficient and environmentally sound vertical farming techniques.

Vertical farming is a groundbreaking method of agriculture that allows for growing a variety of fruits and vegetables in a managed, layered setting, making it particularly well-suited for urban locations. This technique makes the most of limited space, uses up to 95% less water compared to traditional farming, and removes the necessity for pesticides because of its controlled environment. Furthermore, it allows for continuous production throughout the year, ensuring a consistent supply of fresh food, and lessens the carbon footprint by reducing the need for transportation. While crops like salad greens, herbs, and certain fruits such as strawberries and tomatoes flourish in vertical farms, growing larger crops still poses economic difficulties.

However, the initial high setup cost, energy consumption, and need for technical expertise can be barriers to widespread adoption. Despite these challenges, advancements in LED technology, automation, and renewable energy are making vertical farming more viable. With the right investment and innovation, it has the potential to contribute significantly to sustainable agriculture by bringing fresh, pesticide-free produce closer to urban consumers, creating job opportunities, and addressing food security issues.

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